

Dr. Jesse Bittman



Yukon Medical Association

AGM-CPD Weekend



Dr. Bittman is a General Internist at The University of British Columbia, where he also completed his medical school and internal medicine residency. He currently works at Revolution Medical Clinic, a multidisciplinary obesity and hypertension clinic in Vancouver. His clinical focus is on the medical and surgical management of obesity and the management of resistant and secondary hypertension.

In addition to clinical work, Dr. Bittman sits on national clinical guidelines committees for hypertension and obesity and is involved in research aiming to improve the care of patients living with obesity and hypertension.

Sessions

Ending the Blame Game: Improving Treatment of People with Obesity

In this session, we will develop a better understanding of the physiologic basis of obesity, and apply this to reduce bias and improve treatment for people living with obesity

Hypertension in 2023

What is new (or not) in the approach to secondary work up and hypertension treatment in select populations.

Dr. Kirk Lawlor



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Dr. Lawlor is an Associate Professor of Surgery and Head of the Division of Vascular Surgery at the University of British Columbia and Vancouver General Hospital. He has significant experience in managing all vascular diseases and vascular surgical problems including both open and endovascular surgery. He has a Master's degree in Education from the University of Toronto and has a strong interest in undergraduate and postgraduate medical education.

Dr. Lawlor is originally from Atlantic Canada and has a BSc from Dalhousie University. He graduated from medical school at the University of Western Ontario in London, Ontario in 1996. He stayed there to complete training in General Surgery and Vascular Surgery. He then practiced Vascular surgery there until 2011 when he moved to British Columbia.

Dr. Lawlor was the Vascular Surgery residency program director during his time at Western. He has been a Royal College examiner in Vascular Surgery for several years and is the Chair-Elect and longstanding member of the Subspecialty Committee in Vascular Surgery for the Royal College of Physicians and Surgeons of Canada. He has been quite actively involved in undergraduate and postgraduate medical education both at UBC and at Western throughout his career.

Dr. Lawlor is passionate about vascular surgery and has a real devotion to resident education and mentorship. He enjoys the outdoors and his hobbies include skiing, cycling and fishing.

Sessions

Management of Urgent Vascular Conditions in the ER

Current management of vascular emergencies such as ruptured AAA, aortic dissection, critical limb ischemia, cerebrovascular stroke Case presentations for group participation.

Management of Non-Urgent Vascular Conditions in the Clinic

Current management of common vascular conditions such as varicose veins, leg swelling, leg ulcers, claudication, carotid stenosis, AAA. Case presentations for group participation.

Cornelia (Nel) Wieman, MSc, MD, FRCPC



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Dr. Nel Wieman is the Acting Chief Medical Officer (A/CMO) at the First Nations Health Authority (FNHA) in British Columbia, where she has worked since 2018. She is Anishinaabe (Little Grand Rapids First Nation, Manitoba) and lives, works and plays on the unceded territory of the Coast Salish peoples – the sə́lilwətaʔ (Tsleil-Waututh), Skwxwú7mesh (Squamish), and xʷməθkʷəyəm (Musqueam) Nations.

Dr. Wieman completed her medical degree and psychiatry specialty training at McMaster University. Canada's first female Indigenous psychiatrist, Dr. Wieman has more than 20 years of clinical experience, working with Indigenous people in both rural/reserve and urban settings. Her previous activities include co-directing an Indigenous health research program in the Dalla Lana School of Public Health at the University of Toronto and the National Network for Indigenous Mental Health Research, being Deputy Chair of Health Canada's Research Ethics Board, and serving on CIHR's Governing Council. She has also worked and taught in many academic settings, has chaired national advisory groups within First Nations Inuit Health Branch - Health Canada, and has served as a Director on many boards, including the Indspire Foundation and Pacific Blue Cross. Dr. Wieman served as the President of the Indigenous Physicians Association of Canada (IPAC) from 2016-2022. She was one of the 6 Indigenous physician founders of the National Consortium on Indigenous Medical Education (NCIME). She was been appointed to the BC Provincial Task Team charged with ensuring implementation of the recommendations arising from the "In Plain Sight" report.

Session

Eliminating Anti-Indigenous Racism & Increasing the Cultural Safety of the Health System

Through sharing personal stories, artwork, photography & the work of First Nations Health Authority in BC, Dr. Wieman will take participants on a journey to understand why it is critically important to eliminate racism in the health system and work towards increasing the cultural safety of all health services, programs and organizations to improve health outcomes for Indigenous peoples (FN/M/I).

Dr. Alejandro Dau



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Session

Therapeutic Strategies in Thrombosis Medicine: A practical approach to the Management of Venous Thromboembolism and Anticoagulant Therapy

Dr. Alejandro Dau, MD, MSc, FRCPC completed his undergraduate medical training and core Internal Medicine residency at the University of British Columbia (UBC). He then completed a General Internal Medicine fellowship followed by one year of dedicated Thrombosis Medicine subspecialty training at UBC and the University of Ottawa. He works full time at St. Paul's Hospital (SPH) in Vancouver, British Columbia in the roles of Thrombosis Specialist and General Internist of the Clinical Teaching Unit.

Dr. Dau has a particular interest in medical education. He is the current Education Lead of the SPH Thrombosis Service and will be the inaugural Program Director of the UBC Thrombosis Medicine Fellowship Program estimated to start in July 2024. He also has a special interest in the anticoagulant management of pregnant women with mechanical heart valves and has led the development of interdisciplinary institutional protocols for the management of these patients.

In a case-based format, this two-part series will outline an evidence-based approach to the treatment of venous thromboembolism and anticoagulant therapy. Topics include duration of anticoagulant therapy, perioperative anticoagulation management, and treatment of venous thromboembolism in distinct anatomic sites and patient populations.

Katie Mallam



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Katie is an experienced policy strategist with an extensive track record spanning over 15 years. She excels in formulating comprehensive government relations strategies, shaping policies and positions, leading research, crafting evaluation frameworks and developing programs. Katie is a trusted advisor to executive teams, national advisory committees, and Boards of Directors.

Katie holds a Bachelor of Arts degree in Political Science from Memorial University, complemented further by a Bachelor of Public Relations and Master of Public Relations from Mount Saint Vincent University and continues to invest in development through leadership training and active engagement in national conferences.

In her current capacity as Director of Policy and Physician Wellness for Doctors Nova Scotia, Katie plays a pivotal role in furthering the medical profession through developing strategies to advance e-health solutions, physician wellness programs, social determinants of health initiatives, and policy development.

Session

Growing relationships through effective advocacy: Strategies for being heard

In an environment where everyone has access to decision-makers, it's more important than ever to refine your advocacy skills. This workshop will provide practical strategies for having your message heard over the 'noise.'

Kim Nakhaie



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Kim is an experienced communications professional with a proven track record in public relations, strategic communications, reputation management, and engagement. For more than 14 years she has developed comprehensive strategic communication initiatives that deliver results. She's not only an accomplished strategist but also a dynamic and collaborative leader. Kim serves as a trusted advisor to executive teams and Board of Directors, consistently delivering authentic and forward-looking solutions.

Kim holds a Bachelor of Public Relations from Mount Saint Vincent University and has dedicated most of her career to advancing the work of nonprofit organizations in the healthcare industry. A senior leader and current Director of Communications and Member Engagement for Doctors Nova Scotia, Kim's contributions support the advancement of the province's medical profession so that physicians can have a positive impact on the lives of Nova Scotians. Through her deep understanding of communication principles, Kim has played a pivotal role in several successful contract negotiations and subsequent ratifications.

Kim previously acted in the role of Executive Director for the Healthy Tomorrow Foundation – a charity aimed at informing and empowering Nova Scotians to enhance their wellness through active and healthy living – and continues to support the work of the foundation as a member of its Board of Directors.

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